

DAVID A. KENT, M.D.

**5561 N Glenwood St, Suite B
Garden City, ID 83714
Phone: (855) 423-1746**

SPECIALTY

Psychiatry • Deep TMS Therapy • Adult Psychiatric Disorders

EDUCATION

1979-1982 • Brigham Young University • Provo, UT
B.A. Chemistry

1982-1986 • University of Iowa Roy J. and Lucille A. Carver College of Medicine • Iowa City, IA
M.D.

1986-1990 • University of Iowa Hospitals and Clinics • Iowa City, IA
Psychiatry Residency Program

BOARD CERTIFICATION

1993 • American Board of Psychiatry and Neurology

CURRENT PRACTICE

2017-Present • President and Owner, NuMe TMS Clinics, PLLC • Meridian, ID
Specializing exclusively in Deep Transcranial Magnetic Stimulation (dTMS) therapy

- First Brainsway Deep TMS provider in Idaho
- Treatment-resistant depression, OCD, and anxiety disorders
- Over 35 years psychiatric experience focused on interventional psychiatry

HOSPITAL AFFILIATIONS

Current:

- Cottonwood Creek Behavioral Hospital

Historical:

- Saint Alphonsus Regional Medical Center
- Intermountain Hospital of Boise
- St. Luke's Medical Centers
- SunHealth Hospital

PROFESSIONAL MEMBERSHIPS

Current:

- Clinical TMS Society

Past:

- American Psychiatric Association
- Idaho Psychiatric Association
- Idaho Medical Association
- Ada County Medical Society

PROFESSIONAL EXPERIENCE

1990-Present • Private Practice Psychiatry • Boise, ID

1997-2013 • Medical Director • SunHealth Hospital

1996 • President • Intermountain Hospital Medical Staff

1994 • President • Idaho Psychiatric Association

1993-1995 • President • St. Alphonsus Psychiatric Department

1987-1990 • Psychiatry Residency Training • University of Iowa Hospitals and Clinics

- Moonlighting positions including: social security disability evaluations, VA Medical Center compensation and pension evaluations, Independence Mental Health Institute on-call coverage

ADDITIONAL PROFESSIONAL ACTIVITIES

1994 • Co-founder • Sage Health Care

One of the largest private psychiatric health care clinics in Idaho

2003 • Founder and President • Evolution Medical Technologies, Inc.

Company producing paperless charting solutions for hospitals and clinics

RESEARCH PUBLICATIONS

Peer-Reviewed Journal Articles

Brainsway Deep TMS Research:

1. **Roth Y, Tendler A, Arikan MK, Vidrine R, Kent D**, et al. Real-world efficacy of deep TMS for obsessive-compulsive disorder: Post-marketing data collected from twenty-two clinical sites. *Journal of Psychiatric Research*. 2021;137:667-672. PMID: 33183769
2. **Harmelech T, Tendler A, Arikan MK, Çetin HL, Esmeray MT, Ilhan R, Vidrine R, Muir O, MacMillan C, Sinclair R, Shakir S, Kent D**, Evangelidis N, Roth Y. Long-term outcomes of a course of deep TMS for treatment-resistant OCD. *Brain Stimulation*. 2022;15(1):226-228. PMID: 34982981

University of Iowa Conversion Disorder Research:

3. **Kent DA, Tomasson K, Coryell W**. Course and outcome of conversion and somatization disorders: A four-year follow-up. *Psychosomatics*. 1995;36(2):138-144. PMID: 7724715
4. **Tomasson K, Kent D, Coryell W**. Somatization and conversion disorders: comorbidity and demographics at presentation. *Acta Psychiatrica Scandinavica*. 1991;84(3):288-293. PMID: 1950631
5. **Tómasson K, Kent D, Coryell W**. Comparison of four diagnostic systems for the diagnosis of somatization disorder. *Acta Psychiatrica Scandinavica*. 1993;88(5):311-315. PMID: 8296574

Conference Presentations

Clinical TMS Society Annual Meeting 2020 • Poster Presentation

"Real-world efficacy of deep TMS for obsessive-compulsive disorder: interim post-marketing analysis of 192 patients from twenty-two sites"

RESEARCH CONTRIBUTIONS

University of Iowa Research Projects (1986-1995)

Student Research Project • Drs. Ian Smith, Internal Medicine, Neil Graff-Radford, Neurology
Dementia: Accuracy of diagnosis, percent with reversible causes and etiological categories seen at The University of Iowa Hospitals

Graduate Assistant • Dr. Nancy Andreasen
MRI research project on schizophrenia. Performed neuropsychological testing, structured interviews and MRI tracings

Conversion Disorder Research Program (1987-1995)
Landmark longitudinal studies establishing diagnostic distinctions between conversion and somatization disorders that influenced DSM classification systems

Brainsway Clinical Research Collaboration (2017-Present)

Multi-site Post-Marketing Surveillance Studies
Contributing clinical data from NuMe TMS Clinics to real-world effectiveness research for FDA-approved Deep TMS therapy

CLINICAL EXPERTISE

Current Specialization

- **Deep Transcranial Magnetic Stimulation (dTMS)**
- **Treatment-Resistant Depression**
- **Obsessive-Compulsive Disorder**
- **Anxiety Disorders**
- **Functional Neurological Disorders**

Historical Clinical Experience

- **General Adult Psychiatry** (35+ years)
- **Conversion Disorders and Somatoform Disorders**
- **Mood Disorders**
- **Psychotic Disorders**
- **Consultation-Liaison Psychiatry**

ACADEMIC IMPACT

Research Legacy

Dr. Kent's research contributions span two distinct phases of psychiatric practice:

1987-1995: Foundational Research in Conversion Disorders

- Conducted seminal studies distinguishing conversion disorder from somatization disorder
- Research continues to be cited in contemporary medical literature and DSM criteria
- Contributed to understanding of functional neurological disorder prognosis and classification

2017-Present: Clinical Translation Research in Neurostimulation

- Contributing real-world evidence for FDA-approved Deep TMS technology
- Part of largest post-marketing surveillance studies in TMS literature
- Advancing understanding of treatment durability and response predictors

Contemporary Citations

Research has been cited in:

- American Journal of Psychiatry treatment guidelines
- Medscape clinical reference materials
- International textbooks on psychosomatic medicine
- Emergency medicine protocols for functional neurological symptoms

LANGUAGES

Japanese, French

PERSONAL

Birthplace: Iowa City, IA

Marital Status: Married since 1980

Children: 5

INTERESTS AND ACTIVITIES

Cycling, fishing, backpacking, skiing, dirt motorcycling, and poker

PROFESSIONAL PHILOSOPHY

"With over 35 years in psychiatry, I have evolved from conducting foundational research in functional neurological disorders to specializing exclusively in cutting-edge neurostimulation therapy. My practice philosophy centers on providing the most advanced, evidence-based treatments while maintaining the therapeutic relationship that is fundamental to psychiatric care."